

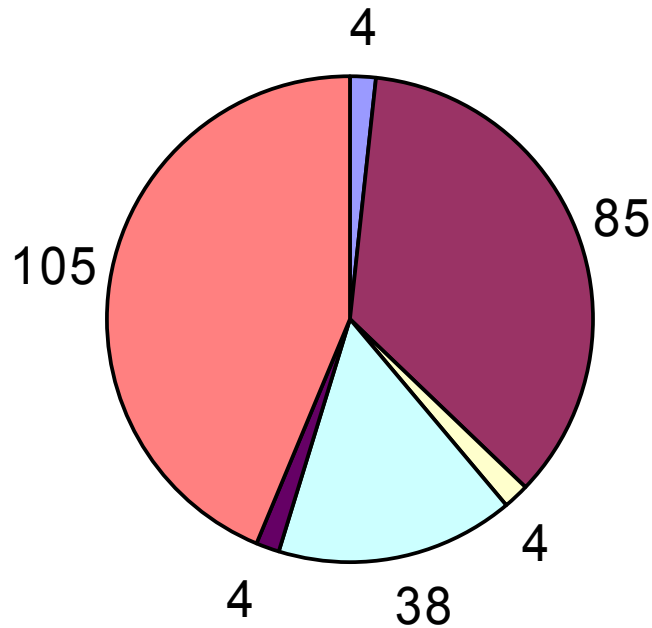
Survey of Intercamhs Members

April, 2005

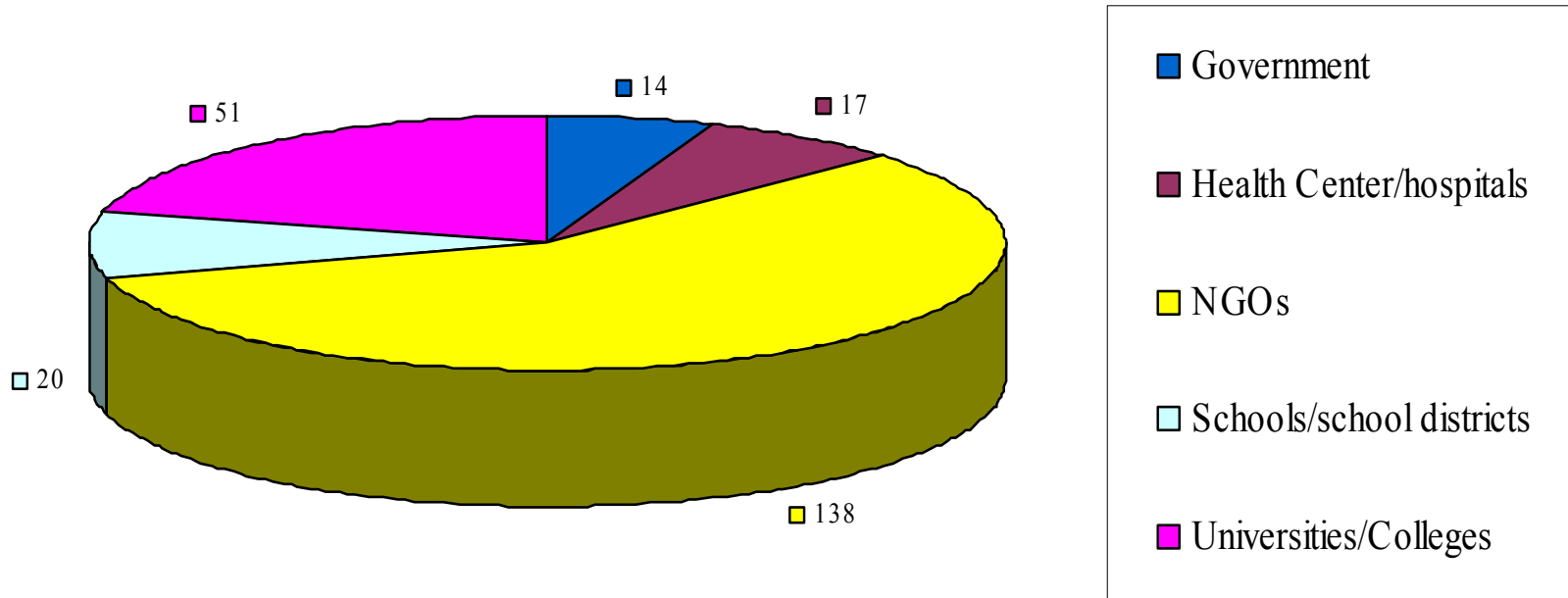
Prepared by:
Kathryn Curran, Siobhan Murphy, and
Cheryl Vince Whitman
Education Development Center, Inc.
Health and Human Development Programs

Intercamhs Member Profile April 2005

N=240



Intercamhs Membership: Types of organizations (N=240)



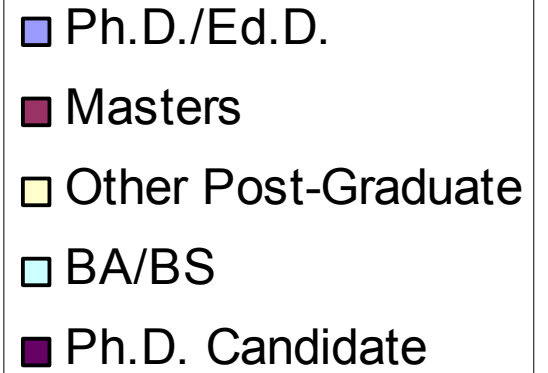
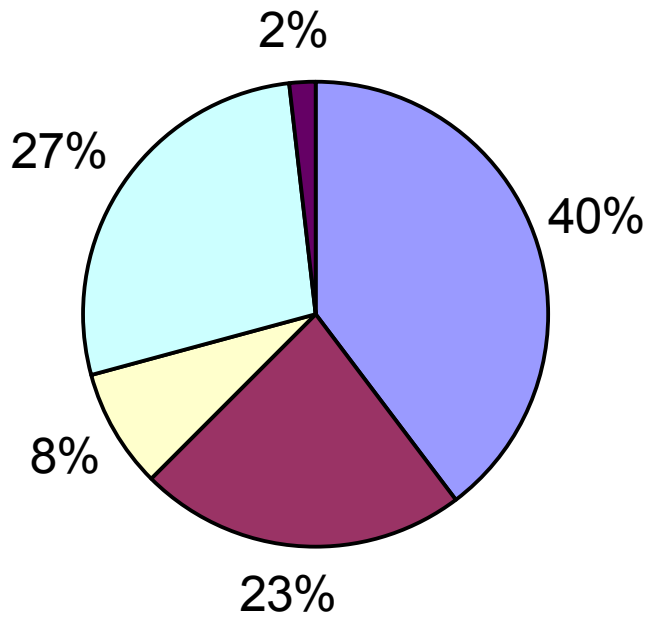
Survey Results

- Member Profile/Demographics
- Professional projects, problems, interests, and priority issues
- Future Directions for Intercamhs

Respondents: By region

- About half of the responses were from AU/NZ (51%)
- About one-third from the US and Canada (34%)
- About 10% from U.K. and Ireland (12%)

Education Level



Settings where members work

(Select all that apply)

- 60% of survey respondents work in schools
- 40% work in community settings
- 18% in clinic-based settings
- 49% in other settings, such as government agencies, associations

Where are members working?

- Queensland Health, Center for School-based Mental Health Programs at Miami (Florida) University, Health Promotion Unit, Department of Public Health, Dublin Ireland, Education Department, Cayman Islands.
- Of the 52 respondents, 39 have an organizational website

Areas of Work

(Select all that apply)

- Practice 58%
- Teaching/Training 75%
- Research 66%
- Advocacy/Policy 53%
- Other 15%

With what other sectors and types of professionals do you work? (N=50)

- Education and Health (18)
- Education and Health, and more (16)
- Education only (9)
- Health only (6)
- Other (1)

Major Projects (N=48)

- Implementing innovative programs (22)
- Research (8)
- Training (6)
- Staff Development/ Capacity Building(6)
- Policy Development (4)
- Advocacy (1)

Major Problems Facing Members

- Lack of resources/services/funding (20)
- Lack of understanding of link between mental health and academic outcomes (7)
- Fragmentation of Services (7)
- Lack of awareness/support for mental health promotion/prevention/issues (5)
- Too little time (4)

Major Problems, continued

- Balancing day-to-day with reflective activities (writing, research, data analysis) (3)
- Engaging/working with parents (3)
- Lack of consistent definition/terms (2)
- Managing Information (2)
- Stigma (2)
- Teacher/staff mental health (2)

Issues to address in member countries

- Detection and Early Intervention of Mental Health Issues/Access to services (10)
- Depression (7)
- Violence (7)
- Negative coping mechanisms: Drugs, Alcohol, Tobacco, Gambling (7)
- Engaging youth, parents, families, teachers, providers as meaningful partners (5)

Issues to address, cont.

- Suicide (4)
- Workforce development (4)
- Raising awareness about Mental Health Promotion (vs. treatment) (4)
- Availability of culturally appropriate resources/svc/training for staff (4)

What are our members' interests?

- Improving collaboration and integration across disciplines (9)
- Development and evaluation of mental health frameworks and programs (7)
- International collaboration: experience sharing, developing shared research agenda (6)

What are our members' interests, cont.?

- Mental health issues among populations, e.g. cultural and linguistic minorities, refugee and immigrants (6)
- Building resilience (5)
- Family and Parenting Issues (5)
- Mental Health Promotion (4)

What types of professional development are members interested in pursuing?

- Policy development/Advocacy (10)
- Addressing Trauma/PTSD in schools (4)
- Grant writing/development (4)
- Understanding existing school-based programs (3)
- Implementing research to practice (2)

On the mental health continuum from health promotion to the prevention of disorders, what are the issues that members think INTERCAMHS needs to address in the next five years?

- Promotion of positive mental health (8)
- Providing global community as a forum for exchange of professional expertise (5)
- Increase understanding of the centrality of mental health to student well-being and learning/academic outcomes (5)
- Advocacy and policy development (5)
- Holistic approach to mental health (across sectors and approach) (4)
- Early Intervention and prevention (3)

What role do you think INTERCAMHS could have in addressing these issues?

- Provide leadership to raise awareness and advocate for mental health promotion (17/34)
- Serve as a knowledge bank/information dissemination vehicle (12)
- Facilitate dialogue among practitioners (9)
- Provide training & prof. development (4)
- Conduct research (2)
- Create publications (2)

What members would like to see on the Intercamhs Website

- **Information and resources**

 - Research findings, best practices, programs, funding opportunities

 - Other organizations, upcoming conferences

- **Communication and Collaboration**

 - Discussion with other members

 - E-learning opportunities

- **Directory of members and their programs and products**

Have you authored any articles or created any products (i.e. training materials, curricula, web sites) of particular relevance to INTERCAMHS members?

- Mental Health Promotion/Social Emotional Learning (15)
- Intervention (4)
- Treatment (0)
- Other system (9)

Recruiting New Members

- 21 out of 53 responded they could
- Resources they would need:
 - Better understanding of what Intercamhs is, benefits and obligations of membership
 - Brochure
- Suggested Strategies
 - Promotion at conferences
 - Networking with existing professional groups
 - Make membership more meaningful
 - Enhance the website
 - Advertise in journals/newsletters

Strategic Aims

Which aims would you be interested in helping advance? (Rank top 3)	1	2	3	Total (1-3)
Aim 3: Encourage dialogue, lessons learned, collaborative activities, and mutual support among people and programs in different countries	4	13	7	24
Aim 7: Raise awareness of the mental health needs of youth and the value of school-based programs	11	5	7	23
Aim 5: Promote the advancement of strategic research agenda and collaborative research among people and programs in different countries	6	7	7	20
Aim 2: Build communication mechanisms between people interested in school-based mental health in different countries; INTERCAMHS website as best international information resource	8	4	6	28

In pursuit of aim 5, what research ideas would you suggest INTERCAMHS pursue?

- Suggest follow the priorities identified by WHO
- Efficacy of school-based prevention programs
- Identifying the status and unique needs of different countries and regions regarding child/adolescent mental health and in school health. Need better understanding of the mental health needs worldwide in order for Intercamhs to be a valuable resource for people and provide them with what they need.
- Approaches to cross cultural children's mental health.

In pursuit of aim 5, what research ideas would you suggest INTERCAMHS pursue?

- Creating something valuable for members such as resource guides and/or a composite of current areas of research around the world. Intercamhs could get involved in the research being conducted on promising programs such as Zippy's Friends. This could provide an opportunity for the alliance to share info on such programs while spreading the Intercamhs name.
- Need cohort studies to follow students and check long-term outcomes/impact of mental health promotion strategies in school setting.
- Cooperation with HBSC on national or international level; Mental health in relation to obesity and exercise